

## SYRACUSE OFFICE



200 Greenfield Parkway  
Liverpool, NY 13088  
Phone: 315-445-8166



### Directions from:

North: I-81 Exit 25 (7th North St). Right off ramp, 1 block to light at Buckley Rd. Left at light, then 0.75 mi south on Buckley Rd to Greenfield Pkwy. Left on Greenfield Pkwy. First building on right.

South: I-81 Exit 24B (Liverpool-NYS 370W). Follow signs to Old Liverpool Rd., then bear right to Buckley Rd. First right on Greenfield Pkwy. First building on right.

East: I-690 to I-81 North. Go to Exit 24B and follow directions "From the South."

West: I-690 East to Exit 9 (Bear St to I-81 North). Follow signs to I-81 North. I-81 North to Exit 24B, then follow directions "From the South."

## WATERTOWN OFFICE



400 Washington Street  
Watertown, NY 13601  
Phone: 315-445-8166



### Directions from:

North: Take I-81 South to Exit 45 (Arsenal St). Turn left onto Arsenal Street, and continue until reaching the Public Square. Turn right onto Washington St. Turn right at the light after the Best Western Hotel. RVS will be on the left. (RVS is approx. 2.3 miles from Exit 45).

South: Take I-81 North to Exit 44. Turn left, then an immediate right staying on Rt. 252 (Rices Rd). Go 2.3 miles, and then take left onto Rt. 11 (Washington St). Turn left at the 4th traffic light, just before the Best Western Hotel. RVS will be on the left.

## ABOUT THE PRACTICE



Welcome to Retina-Vitreous Surgeons of Central New York, a regional and national leader in the management of retinal disorders for over 40 years. Our board-certified, fellowship-trained retinal physicians and surgeons have immense training, knowledge, and experience in diagnosing and treating retinal diseases.

Retina-Vitreous Surgeons of Central New York is dedicated to providing highly skilled, state-of-the-art, and compassionate care for all of our patients. The physicians actively participate in cutting-edge medical research, developing new retinal treatments that can further improve patients' vision and patients' lives. Through our affiliation with Upstate Medical University and the Veterans Administration Hospital, we are also actively involved in educating medical students and ophthalmologists in training.

Located in Syracuse, Watertown, Binghamton and Ithaca, we offer convenient office locations for our patients throughout Central New York, Northern New York, the Southern Tier, and Finger Lakes.

Vision is so precious, and we are truly honored by those patients and referring doctors who have placed their trust in our physicians and our well-established medical practice over the years.

Learn more at [rvscny.com](http://rvscny.com)



## RETINA-VITREOUS SURGEONS OF CENTRAL NEW YORK, P.C.

Sam C. Spalding, III, M.D.  
Bryan K. Rutledge, M.D.  
Jamin S. Brown, M.D.  
Rajeev K. Seth, M.D.  
Kevin I. Rosenberg, M.D.  
Tahsin Choudhury, M.D.  
Patrick R. Oellers, M.D.

**SYRACUSE OFFICE**  
200 Greenfield Parkway  
Liverpool, NY 13088

**BINGHAMTON OFFICE**  
4104 Vestal Road, Suite 103  
Vestal, NY 13850

**WATERTOWN OFFICE**  
400 Washington Street  
Watertown, NY 13601

**ITHACA OFFICE**  
821 Cliff Street Suite 6  
Ithaca, NY 14850

Phone: 315-445-8166  
Toll Free: 800-654-0554

Your appointment  
is scheduled for:

## BINGHAMTON OFFICE



4104 Vestal Road, S103  
Vestal, NY 13850  
Phone: 315-445-8166



### Directions from:

North: Take I-81 South towards Binghamton; merge onto Rt. 17W towards Owego/Elmira. Take 705 to Rt.201 South toward Johnson City. Exit at Old Vestal Road after about 1.5 miles. Turn right onto Old Vestal Rd. 4104 will be on the left.

South: Take I-81 North or I-86 West towards Binghamton; merge onto Rt. 17W towards Owego/Elmira. Take 705 to Rt.201 South toward Johnson City. Exit at Old Vestal Road after about 1.5 miles. Turn right onto Old Vestal Rd. 4104 will be on the left.

West: Take Rt. 17 East; merge onto Rt. 26 at Exit 675. Take immediate exit onto Rt. 434 (Vestal Pkwy E) and turn right. Follow Rt. 434/ Vestal Pkwy E for about 3.5 miles. Turn left onto Bunn Hill Rd then turn right onto Old Vestal Rd. 4104 will be on the right.

## ITHACA OFFICE



821 Cliff Street Suite 6  
Ithaca, NY 14850  
Phone: 315-445-8166



### Directions from:

North: (eg. Waterloo, Trumansburg): Route 96 South. Office is on the left 1.7mi, south of Cayuga Medical Center.

South: (eg. Elmira, Corning, Big Flats, Horseheads): I-86 to Route 13 north. Continue on Hector Street. Take right onto Vinegar Hill (steep road), then left on Cliff Street. Office is on the right.

East: (eg. Marathon, Dryden): Route 13 west. Keep right onto N. Fulton St. Turn right on W. Buffalo St, which becomes Cliff St. Office is on the right in 1 mile.

West: (eg. Watkins Glen, Odessa): Route 79, take left on Vinegar Hill (steep road), turn left onto Cliff Street. Office is on the right.

## Our Practice

Welcome to Retina-Vitreous Surgeons. With offices in Syracuse, Watertown, Binghamton and Ithaca the physicians of Retina-Vitreous Surgeons have provided care for patients in Central New York for over 40 years. All of our physicians are board certified ophthalmologists with additional specialized training in diseases and injuries of the interior of the eye: the vitreous, retina, macula, and choroid. You have been referred to us because this is our specific area of interest and expertise.

Examples of diseases diagnosed and treated include age-related macular degeneration, diabetic retinopathy, retinal artery and vein occlusions, retinal tears and detachment, ocular trauma, uveitis (inflammation), inherited retinal degenerations, retinopathy of prematurity, and intraocular tumors. Services provided include state-of-the-art diagnostic testing: ophthalmic photography, retinal angiography, optical coherence tomography and ultrasound. Surgical services provided in the office include retinal laser, cryotherapy, photodynamic therapy, and intravitreal injections.

## Our Physicians

All of the physicians teach and mentor ophthalmology residents and medical students at SUNY Upstate Medical University and the Veterans Administration Medical Center. The physicians are actively involved in collaborative clinical research, including multiple national clinical trials.



**Sam C. Spalding, III, M.D.**

- Undergraduate: University of Louisville, B.S. with Highest Honors in Science/Medicine
- Medical School: University of Louisville School of Medicine
- Ophthalmology Residency: Emory University, Chief Resident
- Vitreoretinal Fellowship: Emory University
- Diplomate, American Board of Ophthalmology
- Fellow, American Academy of Ophthalmology
- Member, American Association of Retina Specialists
- Clinical Assistant Professor, SUNY Upstate Medical University, Syracuse



**Bryan K. Rutledge, M.D.**

- Undergraduate: University of Virginia, B.A. with High Distinction in Biology
- Medical School: University of Virginia School of Medicine
- Ophthalmology Residency: University of Wisconsin
- Vitreoretinal Fellowship: New England Eye Center, Tufts University
- Diplomate, American Board of Ophthalmology
- Fellow, American Academy of Ophthalmology
- Member, American Association of Retina Specialists
- Clinical Assistant Professor, SUNY Upstate Medical University, Syracuse



**Jamin S. Brown, M.D.**

- Undergraduate: Middlebury College, B.A. Summa Cum Laude in Physics
- Medical School: University of Pennsylvania School of Medicine
- Ophthalmology Residency: University of Washington
- Vitreoretinal Fellowship: Kresge Eye Institute, Wayne State University
- Fellow, American Academy of Ophthalmology
- Member, American Association of Retina Specialists
- Clinical Assistant Professor, SUNY Upstate Medical University, Syracuse



**Rajeev K. Seth, M.D.**

- Undergraduate: Cornell University, B.S. Cum Laude in Biomedical, Environmental and Agricultural Engineering
- Medical School: Baylor College of Medicine
- Ophthalmology Residency: Yale University School of Medicine
- Vitreoretinal Fellowship: Yale University School of Medicine
- Fellow, American Academy of Ophthalmology
- Member, American Association of Retina Specialists
- Clinical Assistant Professor, SUNY Upstate Medical University, Syracuse



**Kevin Rosenberg, M.D.**

- Undergraduate: University of Michigan Honors College, B.S. in Biology
- Medical School: University of Michigan Medical School
- Ophthalmology Residency: New York Eye and Ear Infirmary
- Vitreoretinal Fellowship: The Kresge Eye Institute, Wayne State University
- Fellow, American Academy of Ophthalmology
- Member, American Association of Retina Specialists
- Clinical Assistant Professor, SUNY Upstate Medical University, Syracuse



**Tahsin Choudhury, M.D.**

- Undergraduate: John Hopkins University with BA in Molecular Biology
- Medical School: NY University School of Medicine
- Ophthalmology Residency: SUNY Upstate Medical University
- Vitreoretinal Fellowship: National Retina Institute Maryland
- Fellow, American Academy of Ophthalmology
- Member, American Association of Retina Specialists
- Clinical Assistant Professor, SUNY Upstate Medical University, Syracuse



**Patrick R. Oellers, M.D.**

- Undergraduate: University of Leipzig
- Medical School: Westfalien Wilhelms University, Munster, Germany
- Ophthalmology Residency: Duke Eye Center
- Vitreoretinal Fellowship: Massachusetts Eye and Ear at Harvard University was awarded the Outstanding Vitreo-Retinal Surgery Fellow
- Fellow, American Academy of Ophthalmology
- Member, American Association of Retina Specialists
- Member, Association for Research and Vision in Ophthalmology
- Clinical Assistant Professor, SUNY Upstate Medical University, Syracuse

## Your First Appointment

We ask that you arrive for your first appointment 10 minutes early if you have not completed the attached paperwork. Please plan to be in our office for 1-3 hours for the first visit. This will allow time for registration, a comprehensive history, pupil dilation, the doctor's exam, and any testing that you may require.

In order to make your visit move quickly, we also ask that you bring the following:

- Completed patient forms enclosed
- Insurance cards, co-pay, and referral, if required
- Prescription glasses if you wear them
- A light snack if you are diabetic
- A translator/Interpreter if needed

Pupil dilation gives the doctor a better view inside your eye. Your vision will be blurred, and you may be sensitive to light for 4 to 6 hours afterwards. Therefore, we recommend that you bring sunglasses and have someone drive you home after your appointment.

If you know that you cannot keep an appointment, please notify us at least 48 hours in advance so that others may be given the opportunity to be seen by the physician sooner.

## Fees and Insurance

Patients who are members of certain managed care plans may need to obtain a referral or authorization from their primary care physician prior to the visit in our office. This should be listed on your membership card, and it is your responsibility to obtain a referral authorization before the visit. Failure to have this documentation may delay your visit with us and, in some cases, result in you being held responsible for the bill in full (denial of payment from the insurance company).

If your insurance company requires a co-pay, this will be collected at the time of your visit. Many insurances, such as Medicare, also have a deductible or percentage allowance. It is your responsibility to pay such deductibles or balances not paid by your insurance company.

The financial responsibility for services rendered rests with the patient and their family, regardless of insurance coverage. The financial benefits you receive from your insurance company are a matter of the agreement you have with them. Therefore, it is your responsibility to know the details of your insurance coverage. If you are not familiar with the terms of your insurance, please review your benefit book prior to your appointment or contact your insurer directly.

In the event you do not have insurance coverage, please call our office prior to your appointment so that financial arrangements can be made.

We know that health insurance can be very confusing. If you have any questions regarding your insurance or bill, we will be happy to discuss them with you. The direct number for our billing department is (315) 445-8179.

We hope this information has been helpful. Welcome to our practice.