Participating Insurance Listing effective 1/1/2019

Aetna PPO, POS and Indemnity plans-
Aetna HMO-referral authorization is required
Blue Shield Federal Employee Program-
Cigna Healthcare PPO, POS and Indemnity plans
Cigna Healthcare HMO-referral authorization is required
Empire Plan-
Excellus BlueCross Blue Shield of CNY-
Fidelis
GHI/Emblem
Health Now-
Lifetime-
Medicare-
Medicaid
Molina Healthcare
MVP
Pace-referral authorization is required
PHCS (Multiplan)-
St. Lawrence Lewis County-
St. Lawrence Healthcare (Resolve Health plan)-
Tricare East Region-
Tricare for Life-
Tricare Prime-referral authorization is required
UMR-formerly Pomco
United Healthcare-
United Healthcare Community Plan (Medicaid product)
Univera-
Veterans and Veterans Choice (Health Net)-referral authorization is required

Medicare Advantage Plans
(Please note these plans take the place of Federal Medicare)

Aetna Medicare PPO
Aetna Medicare HMO-referral authorization is required
Cigna Medicare Access-
Fidelis Medicare Advantage Plan-
Humana Medicare-
Medicare Blue PPO-an Excellus product,
MSA Processing Center-thru Health Now
MVP Gold-
United Healthcare Medicare Community Plan-
United Healthcare Medicare Solutions-
Wellcare Today’s Options PPO and PFFS only- effective 1/1/2019

January 11, 2019